November Krier 2026 Issue





A Look Back at October













SPECIAL EVENTS

WED. NOV. 4 3:00 PM

A MUSICAL JOURNEY IN SONG

WESTMINSTER

Welcome back Val Fagan, fresh from years of Broadway and touring, along with local performers Gary Wesche and Brad Zimmerman, for an afternoon of music from the 1930s to today. Happy Hour to follow the concert.

TUES. NOV. 10 10:00 AM

GET READY FOR MEDICARE IN 2027 WITH MISSOURI SHIP

WESTMINSTER

Missouri SHIP will be here to help residents better understand Medicare options for 2027. *SHIP is a nonprofit program that offers free, unbiased, and confidential Medicare counseling and education.*

WED. NOV. 11 12:00 PM

VETERANS DAY PERFORMANCE: LINCOLN PREP DRILL TEAM & COLOR GUARD

WESTMINSTER

Celebrate Veterans Day with a special performance by the Lincoln College Preparatory Academy Drill Team! Come enjoy their talent, precision, and spirit as we honor the brave men and women who have served our country.

NO ONE GETS THERE ALONE: CENTER MIDDLE SCHOOL PROJECT

BISTRO

GROUP 1:	**TUESDAY, NOV. 17, 9:00 AM & DEC. 8, 9:00 AM**
GROUP 2:	**WEDNESDAY, NOV. 18 , 10:00 AM & DEC. 9, 10:00 AM**

Kingswood is partnering with Elevate KC and Center Middle School to connect residents with local students. Students will interview residents about their life experiences and advice, then return three weeks later to share what they learned.

Please sign up outside Stacey's office for the group that works best for you. When signing up, please make sure you can attend both dates in November & December for your group.

MUSIC THIS MONTH: IN WESTMINSTER

Tuesday, November 17 at 6:30 PM

- **Mr. Sax (Kenneth Stone),** Saxophone

Monday, November 23 at 6:00 PM

- **Linda Thomas & Brenda Allen Ensemble,** Hammered Dulcimer & Cello

NOVEMBER EVENTS & ACTIVITIES

Spanish Class
- Mondays
- 11:00 AM, Classroom

Mahjong
- Mondays & Fridays
- 1:00 PM, Bistro

Monday Meditation
- Mondays, 1:30 PM
- Asbury Chapel

Mexican Train
- Mondays
- 6:30 PM, Somerset

Brain Fitness
- Tuesdays
- 11:00 AM, Bistro

Rummikub
- Tuesdays
- 2:00 - 4:00 PM, Bistro

Documentary Series
- Wednesdays
- 2:00 & 7:00 PM, Theater

Needlework Group
- Thursdays
- 11:00 AM, Somerset

Let's Talk
- Fridays
- 10:00 AM, Somerset

Saturday Game Night
- Saturdays
- 6:30 PM, Somerset

Saturday Movie
- Saturdays
- 2:00 & 7:00 PM, Theater

A Musical Journey In Song
- Wednesday, November 4
- 3:00 PM, Westminster

Tell Us Your Story
- Thursday, November 5 & 19
- 3:00 PM, Somerset

Group Sing-Along
- Friday, November 6
- 6:30 PM, Bistro

Jam Session Meet-Up
- Tuesday, November 10 & 24
- 1:30 PM, Somerset

Get Ready for Medicare 2027 with Missouri SHIP
- Tuesday, November 10
- 10:00 AM, Westminster

Cash Bingo
- Tuesday, November 10
- 6:30 PM, Somerset

Veterans Day: Lincoln Prep Drill Team & Color Guard
- Wednesday, November 11
- 12:00 PM, Westminster

Inside the Music ***DATE CHANGE!***
- Wednesday, November 11
- 3:00 PM, Theater

Redpath Alterations
- Thursday, November 12
- 10:30 AM, Somerset

Line Dancing
- Thursday, November 12 & 19
- 1:00 PM, Westminster

Caring Beyond Kingswood Workshop
- Tuesday, November 17
- 12:30 PM, Somerset

No One Gets There Alone: Center Middle School Project

Group 1:
- Tuesday, November 17
- 9:00 AM, Bistro

Group 2:
- Wednesday, November 18
- 10:00 AM, Bistro

Concert with Mr. Sax
- Tuesday, November 17
- 6:30 PM, Westminster

Healthy Living Club
- Thursday, November 19
- 3:00 PM, Theater

GoIcon & Tech Help Desk
- Thursday, November 19
- 9:30 – 11:00AM, Bistro

Game Night: Jingles
- Wednesday, November 18
- 6:30 PM, Somerset

Resident Association Meeting
- Friday, November 20
- 2:00 PM, Westminster

Concert: Linda Thomas & Brenda Allan
- Monday, November 23
- 6:00 PM, Westminster

Birthday Social Hour
- Tuesday, November 24
- 4:00 PM, Bistro

Access Bible
- Wednesday, November 25
- 10:30 AM, Theater

ANNOUNCEMENTS

ELECTION DAY TRANSPORTATION

Need a ride to vote? Transportation will be available to our polling place on Tuesday, November 3. The bus will depart at 1:00 p.m. **Please sign up at the Front Desk if you'd like to ride.**

ACCESS BIBLE RETURNS

Access Bible returns on **Wednesday, November 25, at 10:30 AM in the Theater.**
Dr. David Jeremiah will present "Living a Life of Love." Everyone is welcome!

THANKSGIVING DAY BUFFET | THURSDAY, NOVEMBER 26

Enjoy a Thanksgiving meal with two service options: a served buffet in Cheshire Parlor or a self-serve buffet in Westminster.

- **To-Go Boxes**: Residents may fill a to-go box from the buffet between **10:30–11:00 AM**. After 11:00 AM, buffet service is dine-in only.
- **Buffet Hours**: 11:00 AM–1:30 PM
- **Pricing**: Residents: $20 in points | Outside guests: $22

To help accommodate everyone, please keep dining groups to 6 or fewer when possible, as table availability is limited.

HELP US DECK THE HALLS

We're looking for a few extra hands to help decorate Assisted Living, Memory Care, and the Health Center for the holidays! From Christmas trees to festive touches throughout the common areas, there will be plenty of decorating to do. If you enjoy getting into the holiday spirit and would like to help, we'd love to have you! Sign up with Stacey if you're interested.

LINE DANCING: STEP, SLIDE & SMILE!

Classes will be held on Thursday, November 12, and Thursday, November 19, at 1:00 PM in Westminster. All abilities are welcome! Practice basic steps with easy dances and a community of welcoming classmates - no partner needed. Build coordination while having fun exercising both body & mind.

¡HOLA! SPANISH CLASS IS BACK!

Spanish class will resume on **Monday, November 9, at 11:00 AM in the Classroom.** If you are interested in taking our Spanish class, please talk to Stacey or our Spanish teacher and Kingswood Resident, Joane Caulfield.

NEEDLEWORK GROUP

Love to knit, crochet, embroider, needlepoint, or weave? The Needlework Group welcomes all kinds of needlework and would love to have you join us! **We meet every Thursday at 11:00 AM in the Somerset Room.** Yarn and knitting needles are available for anyone who needs them. Afterward, we head to the dining room for lunch together.

KINGSWOOD BOOK CLUB

The Kingswood Book Club meets on the third Monday of every month in the Somerset Room at 1:30. Books are provided by the Mid-Continent Public Library. Please join us to enjoy discussions about the interesting books we are reading. Check out our book of the month in Stacey's office.

OUTINGS

PLEASE SIGN UP FOR ALL OUTINGS AT THE FRONT DESK!



Wednesday, November 4

Tour of the Veterans Community Project

- Departure: 3:40 PM
- 10 Residents Capacity

Take a guided tour of the Veterans Community Project in Kansas City and learn how they are working to end veteran homelessness. Explore the Village of tiny homes, discover their outreach and support programs, and see how veterans connect with essential services and a welcoming community. Learn how this unique Village makes a difference for those who served our country.

Sunday, November 8

A Special Musical Outing: Kansas City Metro Men's Chorus

- Departure: 3:00 PM



Enjoy an afternoon of music with the Kansas City Metro Men's Chorus. This performance is extra special to Kingswood, as one of our own residents, John Cornett, will be featured. Come out to support John and enjoy an afternoon celebrating music and community! Admission is free, but donations are welcome.

SPIRITUAL WELLNESS

CATHOLIC MASS:
- Thursdays, 1:00 PM
- Asbury Chapel

BIBLE STUDY
- Gratitude
- Thursdays, 2:00 PM
- Asbury Chapel

SUPPORT GROUPS

SUPPORTERS

This group offers support for caregivers of people with cognitive impairment or a disability requiring caregiving. This group meets monthly, on the **fourth Monday at 1:30 pm in the classroom.**

GRIEF GROUP

This group offers grief support to residents who may be mourning the death of a family member, co-resident, or loved one. Stop by Jamil's office anytime.

Sunday Vespers - 4:00 PM, Asbury Chapel

November 1
- **Minister**: Jamil Hendricks
- **Musician:** Janet Hoyland

November 8
Westminster
- **Minister:** Jamil Hendricks
- **Musician:** Ray Smith

November 15
- **Minister:** Nancy Tuma
- **Musician:** Janice Taussig

November 22
Westminster
- **Minister:** Jamil Hendricks
- **Musician:** Drew Crane

November 29
- **Minister:** Jamil Hendricks
- **Musician:** Anita Tally



All Saints' Day Vesper Services November 1 at 4:00 PM

Join us for a special All Saints' Day Vespers service as we gather to worship, remember, honor, and celebrate the saints who have gone before us this past year. Together, we will give thanks for their lives and the lasting impact they have made on our hearts.

THEATER

Documentary Series in the Theater
Every Wednesday in October at 2 pm & 7 pm

The Reluctant Traveler

Emmy Award-winning actor Eugene Levy steps outside his comfort zone to explore some of the world's most remarkable destinations. From breathtaking scenery to fascinating cultures and unforgettable experiences, Levy brings his signature humor and curiosity to every adventure.



Saturday Movie in the Theater at 2pm & 7pm

NOVEMBER 7- ELEANOR THE GREAT (*2025*)

After a heartbreaking loss, 94-year-old Eleanor starts a new chapter in New York, where an unexpected story brings friendship, laughter, and a few complications. Join us for a touching and thought-provoking film about starting over, the stories we tell, and the connections that can change our lives

November 14- The Founder (*2016*)

How did a small California hamburger restaurant become one of the most recognizable brands in the world? Michael Keaton stars as Ray Kroc in this fascinating true-life story of the ambitious salesman who helped build the McDonald's empire.

November 21 - Giant (*1956*)

Experience the sweeping story of a Texas ranching family in this classic Hollywood drama starring Elizabeth Taylor, Rock Hudson, and James Dean. Set against the Texas landscape, Giant explores love, family, ambition, and changing times across several generations.

NOVEMBER 29 - THE DEVIL WEARS PRADA 2 (*2026*)

Miranda Priestly is back, and the world of high fashion is more competitive than ever! Meryl Streep and Anne Hathaway return alongside Emily Blunt and Stanley Tucci for another stylish adventure filled with sharp wit, workplace rivalries, and fabulous fashion. Nearly 20 years after the original hit, familiar faces return to the glamorous world of Runway magazine.

NOVEMBER CONNECTION

November invites us to slow down, gather close, and reflect on what matters. It's a month filled with warmth, remembrance, and gratitude. From hearty meals to quiet moments, this is a season of togetherness and thankfulness.

Milestones

- **November 1, 1952 –** The U.S. tests its first hydrogen bomb
- **November 2, 1947 –** The Spruce Goose makes its only flight
- **November 4, 1922 –** King Tut's tomb is discovered
- **November 6, 1860 –** Abraham Lincoln is elected president
- **November 10, 1969 –** Sesame Street premieres on PBS
- **November 11, 1918 –** World War I ends at the 11th hour of the 11th day
- **November 13, 1956 –** U.S. Supreme Court ends bus segregation
- **November 19, 1863 –** Lincoln delivers the Gettysburg Address
- **November 22, 1963 –** President John F. Kennedy is assassinated
- **November 26, 1922 –** Charles Schulz, creator of Peanuts, is born

Days to Celebrate

- **November 1 –** Kickoff to November (Men's Health Awareness)
- **November 3 –** National Sandwich Day
- **November 6 –** National Nacho Day
- **November 11 –** Veterans Day
- **November 13 –** World Kindness Day
- **November 20 –** National Absurdity Day
- **November 23 –** Espresso Day
- **November 26 –** Thanksgiving (U.S.)
- **All Month – National Gratitude Month**



November Lucky Plant

Sage: An herb long associated with wisdom, healing, and protection. Its earthy aroma evokes the comfort of fall and holiday cooking.

November Birthstone

Topaz:
This golden gem symbolizes affection, wisdom, and strength. It's believed to promote harmony, clarity, and joy.



Myth vs. Fact

Myth: Turkey makes you sleepy because of the tryptophan.

Fact: It's actually the heavy meal (*and perhaps the second helping of pie*) that makes you drowsy. Tryptophan is found in many foods!

November Zodiac

Scorpio (Oct 23–Nov 21): Determined, intuitive, and loyal.

Sagittarius (Nov 22–Dec 21): Adventurous, optimistic, and full of curiosity

THANKSGIVING TRADITIONS



Across:

1. Feeling grateful

2. Savory bread side dish

4. Custom passed down

7. Gathering crops in autumn

8. Holiday procession

9. Traditional holiday meal

10. Sauce served with turkey

Down:

1. Holiday for giving thanks

3. Large special meal

5. Food enjoyed the next day

6. Loved ones gathered together

8. Popular holiday dessert

VETERANS & REMEMBRANCE DAY WORD SEARCH

D	M	G	S	O	L	D	I	E	R	S	Q	A	L
B	D	F	C	V	X	P	Z	K	W	C	I	E	Q
S	V	E	G	A	R	U	O	C	W	O	C	Z	U
P	E	P	E	A	C	E	F	O	P	N	M	V	R
Y	T	R	Y	R	O	M	E	M	A	T	P	O	J
R	E	B	V	B	E	Z	V	R	I	R	O	U	E
U	R	C	L	I	Z	S	B	Z	M	I	K	Y	A
O	A	P	I	F	C	M	N	W	D	B	Q	O	P
N	N	D	O	F	E	E	R	F	X	U	Q	C	O
O	S	A	C	M	I	E	X	X	I	T	H	S	P
H	N	R	E	D	A	R	L	W	J	E	O	A	P
J	T	R	Z	T	N	J	C	J	B	D	P	O	Y
T	C	D	H	E	B	N	U	A	C	H	Y	T	N
T	U	R	W	O	T	E	O	S	S	N	P	G	E

HONOUR
MEMORY
PEACE
POPPY
COURAGE
SERVICE
TRIBUTE
WREATH
SOLDIERS
REMEMBRANCE
SACRIFICE
VETERANS