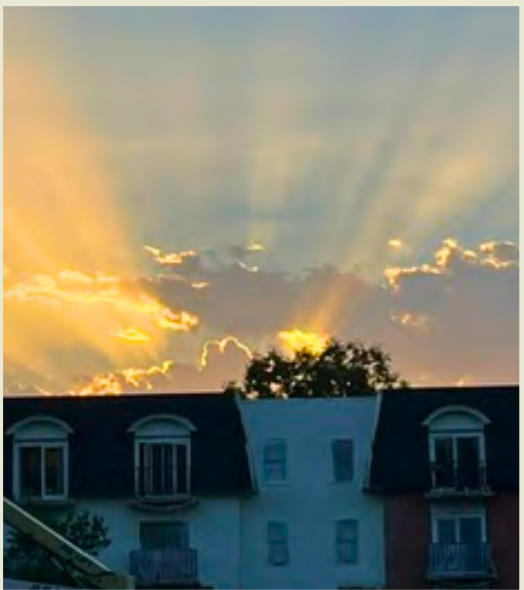




A Look Back at
September



SPECIAL EVENTS

**THUR.
OCT 8
2 - 4 PM**

NO-FALL FEST (ALL THE FUN WITHOUT THE FALLS) PHYSICAL THERAPY GYM

Join the therapy team for a fun-filled fall celebration focused on staying active, staying steady & having FUN! Stations will include: Bobbing for Apples (Reacher Edition), Pumpkin Prize Path, Pumpkin Bowling, and Witch Hat Ring Toss.

**WED.
OCT 21
10 AM - 2 PM**

FLU SHOT CLINIC WESTMINSTER

Hye-Vee Pharmacy will be at Kingswood offering flu shots to residents. Before the clinic, please complete the required paperwork available at the Front Desk and the Building 2 Desk. **Once completed, return your forms to the Front Desk.**

Hye-Vee Pharmacy will process the information before the clinic.

**FRI.
OCT 23
2:00 PM**

MEDICARE EDUCATIONAL SEMINAR (ONLINE) THEATER

Presented by the Mid-Continent Public Library, learn about the 2026/2027 Medicare changes, what Original Medicare covers, and the real differences between Part C, Part D, and Medicare supplement plans. ***This seminar will be a recording of a live meeting.***

**WED.
OCT 28
3:00 PM**

A SPOOKTACULAR AFTERNOON! WESTMINSTER

Get ready for a little Halloween fun at our Resident Halloween Party!

Enjoy light refreshments and tasty snacks while you mingle with fellow ghouls and goblins. Don't forget to wear your best costume for a chance to win in the Costume Contest!

MUSIC THIS MONTH: IN WESTMINSTER

Wednesday, October 7 at 4:00 PM:

- **Alligator Shoes** - Guitar & Singing

Tuesday, October 20 at 4:00 PM:

- **Social Hour Music with David Smart** - Guitar

Thursday, October 29 at 7:00 PM:

- **Resurrection Flute Choir**

Wii BOWLING LEAGUE

Starting: Tuesday, October 20 - Early December

WESTMINSTER

Don't forget to sign up for the Wii Bowling League! Grab a team of 4, or sign up individually, and you'll be placed on a team. **The first matches begin Tuesday, October 20**, and the league will run through early December, ending with a 4-team championship playoff. Match times will be determined in early October. **Sign up outside Stacey's office by October 9!**

OCTOBER EVENTS & ACTIVITIES

Spanish Class

- Mondays
- 11:00 AM, Classroom

Mahjong

- Mondays & Fridays
- 1:00 PM, Bistro

Monday Meditation

- Mondays, 1:30 PM
- Asbury Chapel

Mexican Train

- Mondays
- 6:30 PM, Somerset

Brain Fitness

- Tuesdays
- 11:00 AM, Bistro

Rummikub

- Tuesdays
- 2:00 - 4:00 PM, Bistro

Wednesday Documentary Series

- Wednesdays
- 2:00 & 7:00 PM, Theater

Kneedlework Group

- Thursdays
- 11:00 AM, Somerset

Let's Talk

- Fridays
- 10:00 AM, Somerset

Saturday Game Night

- Saturdays
- 6:30 PM, Somerset

Saturday Movie

- Saturdays
- 2:00 & 7:00 PM, Theater

Redpath Alterations

- Thursday, October 1
- 10:30 AM, Somerset

Tell Us Your Story

- Thursday, October 1
- 3:00 PM, Somerset

Inside the Music: A Classical Listening Series

- Wednesday, October 7
- 3:00 PM, Theater

Concert: Alligator Shoes

- Wednesday, October 7
- 4:00 PM, Westminster

Line Dancing

- Thursday, October 8 & 22
- 1:00 PM, Westminster

No-Fall Fest

- Thursday, October 8
- 2- 4 PM, Physical Therapy Gym

Healthy Living Club

- Thursday, October 8
- 3:00 PM, Theater

Group Sing-Along

- Friday, October 9
- 6:30 PM, Bistro

Jam Session Meet-Up

- Tuesday, October 13 & 27
- 1:30 PM, Somerset

Cash Bingo

- Tuesday, October 13
- 6:30 PM, Somerset

Resident Association Meeting

- Friday, October 16
- 2:00 PM, Westminster

Caring Beyond Kingswood Workshop

- Tuesday, October 20
- 12:30 PM, Somerset

Social Hour & Music with David Smart

- Tuesday, October 20
- 4:00 PM, Westminster

Flu Shot Clinic

- Wednesday, October 21st
- 10 AM - 2 PM, Westminster

Golcon & Tech Help Desk

- Wednesday, October 21
- 9:30-11 AM, Bistro

Game Night: Jingles

- Wednesday, October 21
- 6:30 PM, Somerset

Dog Day of October

- Thursday, October 22
- 9:30-11 AM, Courtyard

Medicare Educational Seminar (Online)

- Friday, October 23
- 2:00 PM, Theater

October Birthday Social Hour

- Tuesday, October 27
- 4:00 PM, Bistro

Halloween Party - A Spooktacular Afternoon!

- Wednesday, October 28
- 3:00 PM, Westminster

Resurrection Flute Choir

- Thursday, October 29
- 7:00 PM, Westminster

ANNOUNCEMENTS

THE HEALTHY LIVING CLUB

The first meeting will be held on Thursday, October 8, at 3:00 PM in the Theater.

- **Questions or Ideas for the club?** Contact Lynn Carhart

LINE DANCING IS BACK! 🤠

Classes begin Thursday, October 8, and Thursday, October 22, at 1:00 PM in Westminster, then continue on the 1st and 3rd Thursday of each month through the end of the year.

ALL ABILITIES ARE WELCOME! You can follow the moves with a walker, dance standing up, or simply tap your toes from your chair. Come have fun, move to the music, & dance at your own pace!

SPANISH CLASS IS TAKING A BREAK

Spanish class will take a break for the month of October. Class will resume on Monday, November 9 at 11:00 AM in the Classroom. If you are interested in taking our Spanish class, please talk to Stacey or our Spanish teacher and Kingswood Resident, Joane Caulfield.

NEEDLEWORK GROUP

Love to knit, crochet, embroider, needlepoint, or weave? The Needlework Group welcomes all kinds of needlework and would love to have you join us! **We meet every Thursday at 11:00 AM in the Somerset Room.** Yarn and knitting needles are available for anyone who needs them. Afterward, we head to the dining room for lunch together.

PICCADILLY REMINDER

Need a few essentials or a sweet treat? **The Piccadilly is open Monday, Wednesday, & Friday from 11:00 AM – 1:00 PM.**

We have your “must-haves,” including shampoo, batteries, toilet paper, coffee, Tylenol, candy, pop, chips, ice cream, and more!



KINGSWOOD BOOK CLUB

The Kingswood Book Club meets on the third Monday of every month in the Somerset Room at 1:30. Books are provided by the Mid-Continent Public Library. Please join us to enjoy discussions about the interesting books we are reading. Check out our book of the month in Stacey's office.

LINCOLNSHIRE LIBRARY BOOK OF NOTE

“Lethal Tides” by Catherine Musemeche is a very readable account of the role played by a group of women scientists whose research helped the Navy successfully avoid enemy submarines during amphibious landings in World War II.

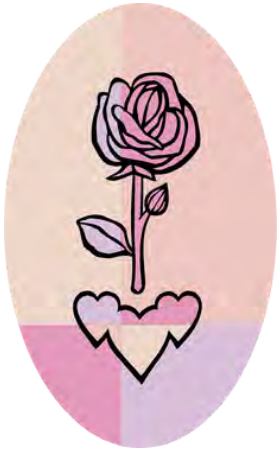
- Look for this book under 940.5 M in the library.

HELP US DECK THE HALLS

We're looking for a few extra hands to help decorate Assisted Living, Memory Care, and the Health Center for the holidays! From Christmas trees to festive touches throughout the common areas, there will be plenty of decorating to do. If you enjoy getting into the holiday spirit and would like to help, we'd love to have you! Sign up with Stacey if you're interested.

ANNOUNCEMENTS

THE END OF A CHAPTER: KINGSWOOD WOMEN'S AUXILIARY



After 22 years of dedicated support to the Kingswood community, the Women's Auxiliary Board has decided to discontinue the organization.

This year, three of our Board officers will retire from their service. After tireless efforts to find replacements and with a limited number of available candidates, we have made the difficult decision to bring this chapter of the Auxiliary's history at Kingswood to a close.

We can be proud of the many accomplishments, goals achieved, and memories made throughout our 22 years of service. Thank you to all of our members for your enthusiasm, dedication, and commitment to Kingswood and its residents.

While the organization may be coming to an end, the friendships, memories, and lasting impact of the Women's Auxiliary Board will remain.

Chiefs Football is Back!

Football season is here, and the Chiefs are back in action! Chiefs games will be shown in the Bistro, so grab a seat, cheer on the team, and enjoy the games with your friends. Feel free to bring your own snacks and drinks to make it feel like a tailgate at Kingswood.



October Chiefs Games in the Bistro

- Sunday, October 4 at 3:25 PM vs. Las Vegas Raiders
- Sunday, October 18 at 3:25 PM vs. Los Angeles Chargers
- Sunday, October 25 at 7:20 PM vs. Seattle Seahawks

OUTINGS

**PLEASE SIGN UP FOR
ALL OUTINGS AT THE
FRONT DESK!**



Friday, October 9

Early Dinner at Rock Island Bridge

- **Departure: 2:15 PM**

Come explore one of Kansas City's newest landmarks, The Rock Island Bridge! Rising 60 feet above the river, this historic 120-year-old bridge has become a destination for dining, leisure, and entertainment. Enjoy the sights and an early dinner at River House, featuring Midwest-inspired dishes, seafood, wood-fired favorites, and cocktails. It's a fun way to enjoy a little Kansas City history with a whole new view!

Friday, October 23

Lunch at Heirloom & Shopping at J'adore Home & Garden

- **Departure: 11:30 AM**

Enjoy an afternoon outing with lunch at Heirloom Bakery & Hearth, known for its fresh-baked breads, delicious sandwiches, and tempting treats.

Then we'll head to J'adore Home & More to browse their unique selection of home décor, furniture, gifts, and more. Come hungry, bring your shopping spirit, and enjoy a fun afternoon with friends!



SPIRITUAL WELLNESS

CATHOLIC MASS:

- Thursdays, 1:00 PM
- Asbury Chapel

BIBLE STUDY

- Galations
- Thursdays, 2:00 PM
- Asbury Chapel

SUPPORT GROUPS

SUPPORTERS

This group offers support for caregivers of people with cognitive impairment or a disability requiring caregiving. This group meets monthly, on the **fourth Monday at 1:30 pm in the classroom.**

GRIEF GROUP

This group offers grief support to residents who may be mourning the death of a family member, co-resident, or loved one. Stop by Jamil's office anytime.

Sunday Vespers - 4:00 PM, Asbury Chapel

October 4

- **Minister:** Jamil Hendricks
- **Musician:** Janet Hoyland

October 11

- **Minister:** Jamil Hendricks
- **Musician:** Carol Winterowd

October 18

- **Minister:** Kim Davis, Terrace Lake UMC
- **Musician:** Julie Lane

October 25

- **Minister:** Jamil Hendricks
- **Musician:** Anita Tally



RETIRED CLERGY OF ALL FAITHS

Tuesday, October 13, with lunch at noon in The Oxford Room.

Monthly meetings of the Retired Clergy of All Faiths, *founded by Kingswood Founder Elbert Cole.*

- **Please make lunch reservations with Bill Ryan via email: WJRmed@kc.rr.com**

Speakers from the nonpartisan League of Women Voters will discuss issues related to the November election.

- **RSVP By October 11th**

THEATER

Documentary Series in the Theater

Every Wednesday in September at 2 pm & 7 pm

Becoming You

Ever wonder what shapes us into the people we become? Becoming You follows children around the world as they experience the incredible first five years of life. A fascinating look at how we learn, grow, and discover the world around us.



Saturday Movie in the Theater at 2pm & 7pm

OCTOBER 3 - LILLY (2024)

After learning she's paid significantly less than her peers, a brave factory worker takes her employer to court in a landmark battle for equal pay.

OCTOBER 10 - Tetris (2023)

Based on the true story of American video game salesman Hank Rogers (Taron Egerton) and his discovery of Tetris in 1988. When he sets out to bring the game to the world, he enters a dangerous web of lies and corruption

OCTOBER 17 - THELMA & LOUISE (1991)

In one of the greatest road movies of all time, Geena Davis and Susan Sarandon ride to everlasting fame as two women who embark on a crime spree across the American Southwest.

OCTOBER 24- SONG SUNG BLUE (2025)

Hugh Jackman and Kate Hudson star as struggling performers Mike and Claire, whose Neil Diamond Tribute act sparks romance - and unexpected success.

OCTOBER 31 - GHOSTBUSTERS (1984)

Who you gonna call? When ghosts start causing trouble in New York City, three unlikely heroes start a paranormal investigation business. A hilarious, spooky classic with plenty of laughs, memorable characters, and just enough ghostly fun for Halloween!

OCTOBER CONNECTION

October is a season of golden light, crisp air, and cozy comforts. It's a time for warm drinks, soft sweaters, and little celebrations that lift the spirit. As nature begins to rest, we're invited to reflect, reconnect, and find joy in the simple and the seasonal.

Milestones

- **October 1, 1908** – Ford's Model T goes on sale, changing transportation
- **October 4, 1957** – Sputnik 1 becomes the first satellite in space
- **October 9, 1871** – The Great Chicago Fire ends
- **October 13, 1792** – The White House's cornerstone is laid
- **October 14, 1964** – Martin Luther King Jr. is awarded the Nobel Peace Prize
- **October 15, 1928** – Graf Zeppelin completes its first transatlantic flight
- **October 18, 1867** – The U.S. formally takes possession of Alaska
- **October 23, 2001** – Apple releases the first iPod
- **October 24, 1945** – The United Nations is officially established
- **October 31, 1941** – Mount Rushmore is completed

Days to Celebrate

- **October 1** – International Coffee Day
- **October 4** – World Animal Day
- **October 6** – National Noodle Day
- **October 10** – World Mental Health Day
- **October 14** – National Dessert Day
- **October 15** – Global Handwashing Day
- **October 18** – Chocolate Cupcake Day
- **October 23** – National TV Talk Show Host Day
- **October 31** – Halloween
- **All Month** – Emotional Wellness Month



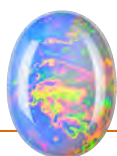
October Lucky Plant

Marigold: A vibrant flower symbolizing warmth, comfort, and resilience. It's often used in autumn celebrations and is known for its grounding energy.

October Birthstone

Opal:

Known for its rainbow shimmer, opal represents creativity, hope, and emotional healing. It's a gem of transformation and inner beauty.



Myth vs. Fact

Myth: Bats are blind.

Fact: Bats can see quite well! Many also use echolocation to navigate in the dark.

October Zodiac

Libra: (Sept 23–Oct 22): Charming, balanced, and artistic

Scorpio (Oct 23–Nov 21): Deep, passionate, and strong-willed



Kingswood

Grand Re-Opening

Join us as we begin an exciting new chapter

Thursday, October 15

Pre-Registered with a guest:

3:30 - 6:00 PM

Residents may attend the full Grand Re-Opening event with their registered guest who is a potential future resident of Kingswood.

Bringing a guest? Follow these 3 steps:

- 1.** Invite someone who may be interested in becoming a Kingswood resident.
- 2.** Provide Marketing with your guest's name and contact information.
- 3.** Marketing will contact your guest directly, confirm their RSVP, and provide them with the event details.

Prize Drawings: Invite a qualifying prospective resident and earn an entry into our Grand Prize Drawing, valued at up to \$2,500, plus two additional chances to win!

Questions? Contact the Marketing Department: 816-442-3276

***All Residents are invited to a
Celebration with Live Music:***

6:00 - 7:00

Westminster Hall

